

Storage: N/A

Vegan: No

Vegetarian: Yes

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Croome Cheese Crunchy Red Onion & Sage 150g

Ingredients: Mature Cheddar Cheese (88.2%) (MILK), Rehydrated Red Onion (11.2%), Sage, Preservative: Potassium Sorbate

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store below 5°c

Typical Value per 100g

Energy (kj):	1578
Energy (kcal):	379
Fat (g):	31
Fat of which saturates (g):	19.3
Carbohydrate (g):	2.7
Carbohydrate of which sugars (g):	1.3
Protein (g):	22.8
Salt (g):	1.6

Product Name: Croome Cheese Premium Vintage Cheddar 150g

Ingredients: Mature Cheddar Cheese (MILK)

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store below 5°c

Typical Value per 100g

Energy (kj):	1725
Energy (kcal):	416
Fat (g):	32.2
Fat of which saturates (g):	21.7
Carbohydrate (g):	0.2
Carbohydrate of which sugars (g):	0.1
Protein (g):	25.4
Salt (g):	1.8



Product Name: Reids Smoked Oatcakes 125g

Ingredients: OATS (45%), **WHEAT** Flour (With Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Raising Agents (Sodium Bicarbonate, Sodium Acid Pyrophosphates), Smoke Flavour (1%) (Salt, Smoke Flavourings).

Allergens: For allergens, see ingredients in CAPITALS. May also contain NUTS and SESAME seeds.

Storage: Store in a cool, dry place. Once opened store in an airtight container.

Typical Value per 100g

Energy (kj):	1756
Energy (kcal):	420
Fat (g):	19.2
Fat of which saturates (g):	6.0
Carbohydrate (g):	50.8
Carbohydrate of which sugars (g):	2.7
Protein (g):	8.1
Salt (g):	1.2

Product Name: Mrs Bridges Ploughmans Chutney 100g

Ingredients: Sugar, Malt Vinegar (**BARLEY**), Onion (10%), Apple (10%), Brown Sugar, Carrots (7%), Cauliflower (7%), Courgettes (7%), Swede (7%), Tomato Puree (From Concentrate), Dates, Treacle, Garlic Puree, Lemon Juice (From Concentrate), Salt, **MUSTARD** Seeds, Spices. Warning May Contain Date Stone Fragments.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	902
Energy (kcal):	212
Fat (g):	0.9
Fat of which saturates (g):	0.1
Carbohydrate (g):	49.6
Carbohydrate of which sugars (g):	49.1
Protein (g):	1.6
Salt (g):	1.0

