H23028 - Amethyst



Gluten	Soya	Peanuts	Nuts	Sesame	Lupin	Milk	Eggs	Sulphites	Celery	Mustard	Fish	Molluscs	Crustacean
Mand	Mandatory allergens contains:												
✓	✓	✓	✓	z		✓	Z	✓		Z			
Key													
✓	✓ Listed in ingredients												
Z	May contain traces												

Product Name: Alfonso The Grape 75cl (13%)

Ingredients: Contains SULPHITES.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A

Product Name: Accademia Prosecco D.O.C 75cl (11%)

Ingredients: Contains **SULPHITES.**

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Mighty Fine Honeycomb Dark Chocolate 90g

Ingredients: Dark Chocolate (36%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **SOYA** Lecithin, Flavouring), Sugar, Glucose Syrup, Honey (1%), Raising Agent: Sodium Bicarbonate, Salt. Dark Chocolate Contains: Cocoa Solids 56% minimum.

Allergens: For allergens, see ingredients in CAPITALS. May contain MILK, PEANUTS and other NUTS.

Storage: Store me in a cool, dry place away from sunlight.

Typical Value per 100g

Energy (kj):	1914
Energy (kcal):	455
Fat (g):	16.2
Fat of which saturates (g):	9.7
Carbohydrate (g):	74.5
Carbohydrate of which sugars (g):	58.4
Protein (g):	2.3
Salt (g):	1.37

Product Name: Van Roy Coffee Creams 90g

Ingredients: Fondant 63% (Sugar, Glucose Syrup, Water), Dark Chocolate 36% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin), Coffee Flavour, Colour: Plain Caramel, Stabiliser: Invertase.

Allergens: For allergens, see ingredients in CAPITALS. May contain MILK and NUTS.

Storage: Store in a cool, dry place away from direct sunlight.

Energy (kj):	1790
Energy (kcal):	425



Fat (g):	13
Fat of which saturates (g):	7.8
Carbohydrate (g):	72.6
Carbohydrate of which sugars (g):	63.6
Protein (g):	2.8
Salt (g):	<0.025

Product Name: Cottage Delight Garlic Crostini Crackers 170g

Ingredients: WHEAT Flour, Olive Oil, Extra Virgin Olive Oil, Salt, Garlic (1%), WHEAT Malt, Yeast.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of SESAME and MILK.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1644
Energy (kcal):	393
Fat (g):	П
Fat of which saturates (g):	1.7
Carbohydrate (g):	71.5
Carbohydrate of which sugars (g):	2.3
Protein (g):	10.7
Salt (g):	2.3

Product Name: Grandma Wild's 4 Traditional Mince Pies

Ingredients: Mincemeat (55%) [Sugar, Vine Fruits (28%) (Sunflower Oil), Apple Puree (Preservative: Acetic Acid), Candied Mixed Peel (4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Water, Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil) Humectant: Vegetable Glycerine, Modified Maize Starch, Mixed Spice, Roast Barley Malt Extract, Salt, Lemon Oil], WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Natural Flavouring), Sugar, Maize Starch, Invert, Sugar Syrup.

Allergens: For allergens, see ingredients in CAPITALS. Not suitable for NUT and SESAME allergy sufferers. May also contain EGG, MILK, MUSTARD, SOYA, PEANUT and other GLUTEN sources (OAT, SPELT, RYE).

Storage: Store in a cool, dry place avoiding direct sunlight. Once opened, keep in an airtight container and consume within 30 days.

Typical Value per 100g

Energy (kj):	1679
Energy (kcal):	399
Fat (g):	15
Fat of which saturates (g):	6
Carbohydrate (g):	64
Carbohydrate of which sugars (g):	36
Protein (g):	2.8
Salt (g):	0.07

Product Name: Elizabeth Shaw Fruit & Nut Biscuits 140g

Ingredients: Milk Chocolate (35.5%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Vegetable Fats: (Palm, Shea, in Varying Proportions); Whey Powder (MILK), Emulsifiers: SOYA Lecithin, Polyglycerol Polyricinoleate; Flavouring), WHEAT

Flour, Sugar, Glucose Syrup, Invert Sugar Syrup, Grain Crisps (6.3%) (Rice Flour, WHEAT Flour, Corn Flour, Sugar, BARLEY Malt Extract, Salt), Palm Fat, Currants (3.3%), HAZELNUTS (3.3%), Whole MILK Powder, Butter (MILK), Humectant: Sorbitol Syrup; BARLEY Malt Extract, Starch, Whey Powder (MILK), Salt, Emulsifiers: SOYA Lecithin, Mono and Diglycerides of Fatty Acids; Raising Agents: Ammonium Carbonate, Sodium Carbonate, Diphosphates;. Flavouring.

Allergens: For allergens, see ingredients in CAPITALS. May also contain PEANUTS and other NUTS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1990
Energy (kcal):	476
Fat (g):	22
Fat of which saturates (g):	П
Carbohydrate (g):	61
Carbohydrate of which sugars (g):	51
Protein (g):	5.7
Salt (g):	0.51

Product Name: Buttermilk Irish Cream Fudge 100g

Ingredients: Sugar, Sweetened Condensed MILK (WHOLE MILK, Sugar), Salted Butter (MILK, Salt), Golden Syrup, Glucose Syrup, Irish Cream Liqueur (1%) (MILK), Natural Irish Cream Flavouring, Salt.

Allergens: For allergens, see ingredients in CAPITALS. Made in a factory that uses PEANUTS, NUTS and SOYA.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1705
Energy (kcal):	405
Fat (g):	11.6
Fat of which saturates (g):	7.3
Carbohydrate (g):	73.6
Carbohydrate of which sugars (g):	70.9
Protein (g):	1.3
Salt (g):	0.52

Established 2 1926

Product Name: Cambrook Baked Mixed Nuts with Dark Chocolate Cranberries 65g

Ingredients: PEANUTS (31%), CASHEWS (25%), ALMONDS (25%), Dark Chocolate Cranberries (19%): Dark Chocolate (Cocoa Mass, Sugar, Cocoa Powder, Cocoa Butter, Emulsifier: Sunflower Lecithin, Natural Flavouring), Cranberries (Cranberries, Apple Juice Concentrate), Glazing Agent: Gum Arabic. Sunflower Oil, Salt

Allergens: For allergens, see ingredients in CAPITALS. May contain various other NUTS and SESAME.

Storage: Store in a cool, dry place.

Energy (kj):	2421
Energy (kcal):	584
Fat (g):	48

Fat of which saturates (g):	9.3
Carbohydrate (g):	18.7
Carbohydrate of which sugars (g):	12
Protein (g):	18.8
Salt (g):	0.2

Product Name: Brown Bag Smoked Bacon Crisps 150g

Ingredients: Potatoes, Rapeseed Oil, Seasoning (8%) (Lactose (MILK), Oak Smoked Sugar, Yeast Extract, Rice Flour, Salt, Sugar, Cooked Dried Bacon (Pork Meat, Curing Ingredients: Salt, Sodium Nitrate E251, Sodium Nitrite E250, Sodium Ascorbate E301, Antioxidant: Rosemary Extract 0.1%), Flavouring, Paprika Extract, Acid: Citric Acid).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in an ambient condition.

Typical Value per 100g

Energy (kj):	2082
Energy (kcal):	498
Fat (g):	26.7
Fat of which saturates (g):	2.3
Carbohydrate (g):	58.7
Carbohydrate of which sugars (g):	3.9
Protein (g):	8.4
Salt (g):	1.7

Product Name: Excelcium Pralines 180g

Ingredients: Sugar, WHEAT Starch, Whole SOY Flour, Glucose Syrup, Cocoa Butter, Palm Fat, Cocoa Mass, Glucose-Fructose Syrup, Whole MILK Powder, MILK Sugar, Dextrose, PEANUTS 2%, HAZELNUTS 6%, Emulsifier: Lecithin, Humectant: Invertase, SOY Oil, Caramel Sugar Syrup, Orange Peel 0.2%, Rice Flour, Flavourings: Orange, Vanillin, Apricot, Amaretto, Toffee, Vanilla, HAZELNUT and Cream (MILK), Salt, Acid: Citric Acid.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of EGG and other NUTS

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1971
Energy (kcal):	472
Fat (g):	21
Fat of which saturates (g):	П
Carbohydrate (g):	63
Carbohydrate of which sugars (g):	47
Protein (g):	6.2
Salt (g):	0.030

Product Name: The Kindness Bakery Ploughman's Oatcake Bites 175g

Ingredients: Oatmeal (48%) WHEAT Flour (WHEAT Flour, WHEAT Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese (13%) (MILK), Rapeseed Oil, Sweet Pickle (5%) [Vegetables in Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, BARLEY Malt Vinegar, Water, Spirit Vinegar, Modified Maize, Date Paste, Dried

Spices, Lemon Juice Concentrate, Onion Powder, Colour (**SULPHITE** Ammonia Carmel), Flavouring], Sugar, Salt, Raising Agents (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

Allergens: For allergens, see ingredients in CAPITALS. May also contain EGG and SOYA.

Storage: Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.

Typical Value per 100g

Energy (kj):	1782
Energy (kcal):	428
Fat (g):	21.4
Fat of which saturates (g):	4.6
Carbohydrate (g):	47.2
Carbohydrate of which sugars (g):	4.7
Protein (g):	11.5
Salt (g):	2.1

Product Name: Thornton & France Milk Chocolate Bar 80g

Ingredients: Colombian MILK Chocolate (86%) (Sugar, Cocoa Butter, Cocoa Mass, MILK Powder, Emulsifier: SOYA Lecithin; Flavouring: Natural Vanilla), Colombian White Chocolate (12%) (Sugar, Cocoa Butter, MILK Powder, Emulsifier: SOYA Lecithin; Flavouring: Vanilla Extract), Gold Sugar Decoration (2%) (Sugar, WHEAT Starch, Glucose Syrup, Colours: E101, E172; Glazing Agent: Shellac). MILK Chocolate contains Cocoa Solids 41% minimum, MILK Solids 19% minimum. White Chocolate contains Cocoa Solids 35% minimum, MILK Solids 24% minimum.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of NUTS and PEANUTS and EGG.

Storage: Store in a cool, dry place.

Energy (kj):	2385
Energy (kcal):	570
Fat (g):	38
Fat of which saturates (g):	23
Carbohydrate (g):	52
Carbohydrate of which sugars (g):	48
Protein (g):	7
Salt (g):	0.18

